



METAMORPHOSIS

蜕变

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DIGITAL ART EXHIBITION

KUALA LUMPUR • 2026



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## THE ART OF SEEING WITHIN

### 以艺术，看见内心的自己

Metamorphosis is not a portrait of my story. It is an invitation to encounter your own.

Through intuitive lines, I give shape to emotions we struggle to express:

expectations, unseen wounds, responsibilities, and the desire to be free.

Colour holds the many faces of struggle. Even in chaos and imperfection,

beauty, courage and resilience can quietly emerge.

The journey moves through Acceptance, Letting Go and Forgiveness—

not as destinations, but as choices we learn to make within ourselves.

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《蜕变》不是要你看见我的故事，而是邀请你在作品中，看见自己的故事。

我以直觉引导线条，让难以言说的情绪有了形状：期待、伤痕、责任，

以及内心对自由的渴望。色彩承载生命中不同的挣扎；即使混乱、

即使不完美，也依然可能绽放美、勇气与韧性。

从接纳、放下到宽恕，这不是必须抵达的终点，

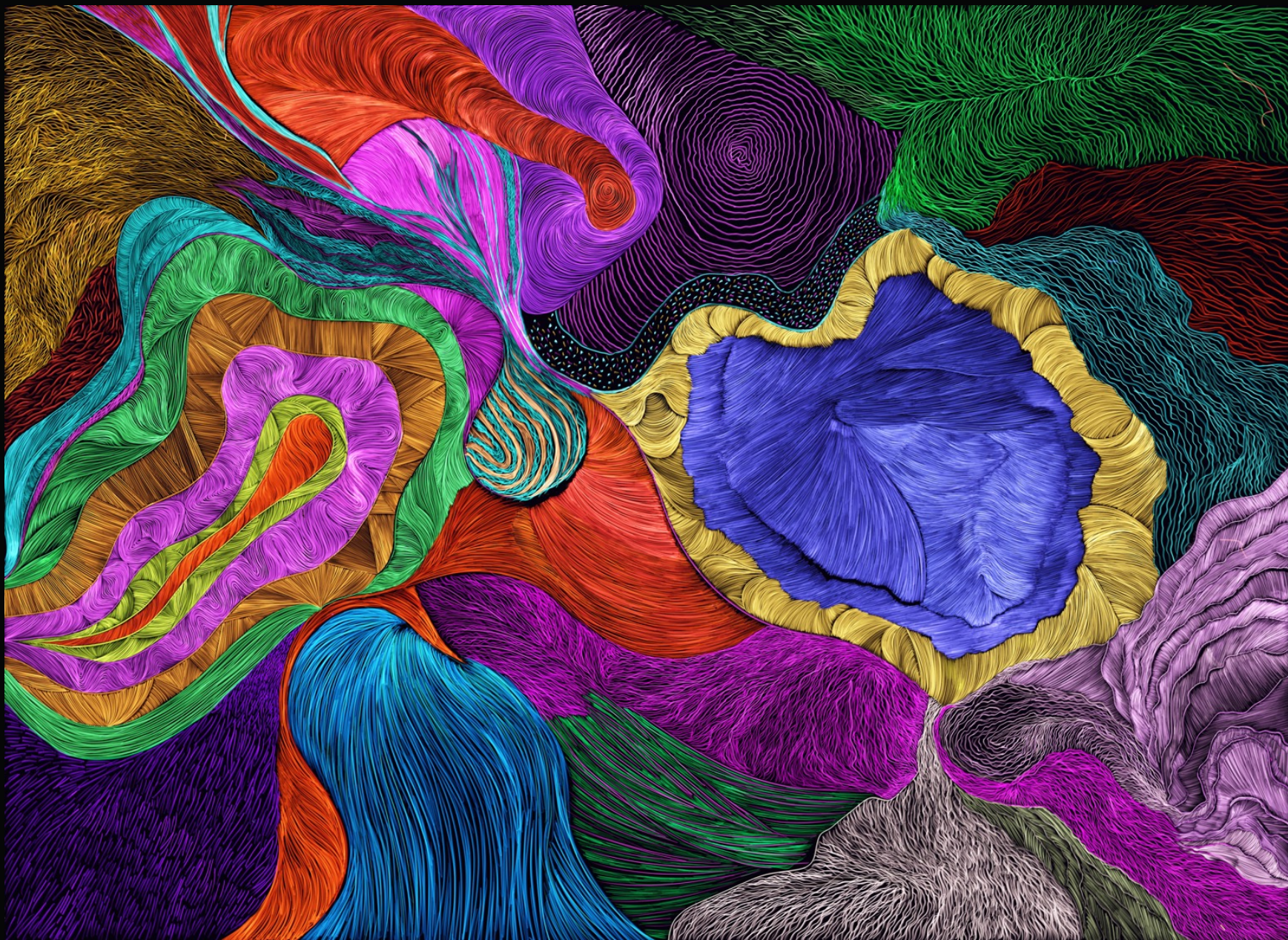
而是我们一次又一次学习诚实面对自己的过程。

## BETWEEN THE LINES | ACCEPTANCE

### 线制 · 接纳

Life draws lines around us: expectations, responsibilities, wishes left unfulfilled, and changes we never imagined. Some lines protect us; others hold us captive. True freedom is not having everything go our way. It begins when we find the courage to see what is real, face what we cannot control, and accept ourselves without denying what we feel.

生活以期待、责任、未实现的愿望，以及突如其来的变化，  
在我们周围画下一道道线。有些线保护我们，有些却困住了我们。  
真正的自由，不是事事如愿，而是有勇气看见现实，  
面对无法掌控的一切，诚实接纳自己的感受与不完美。



MASTER ARTWORK

线制 · 接纳



SELECTED WORK 01

线制 · 接纳



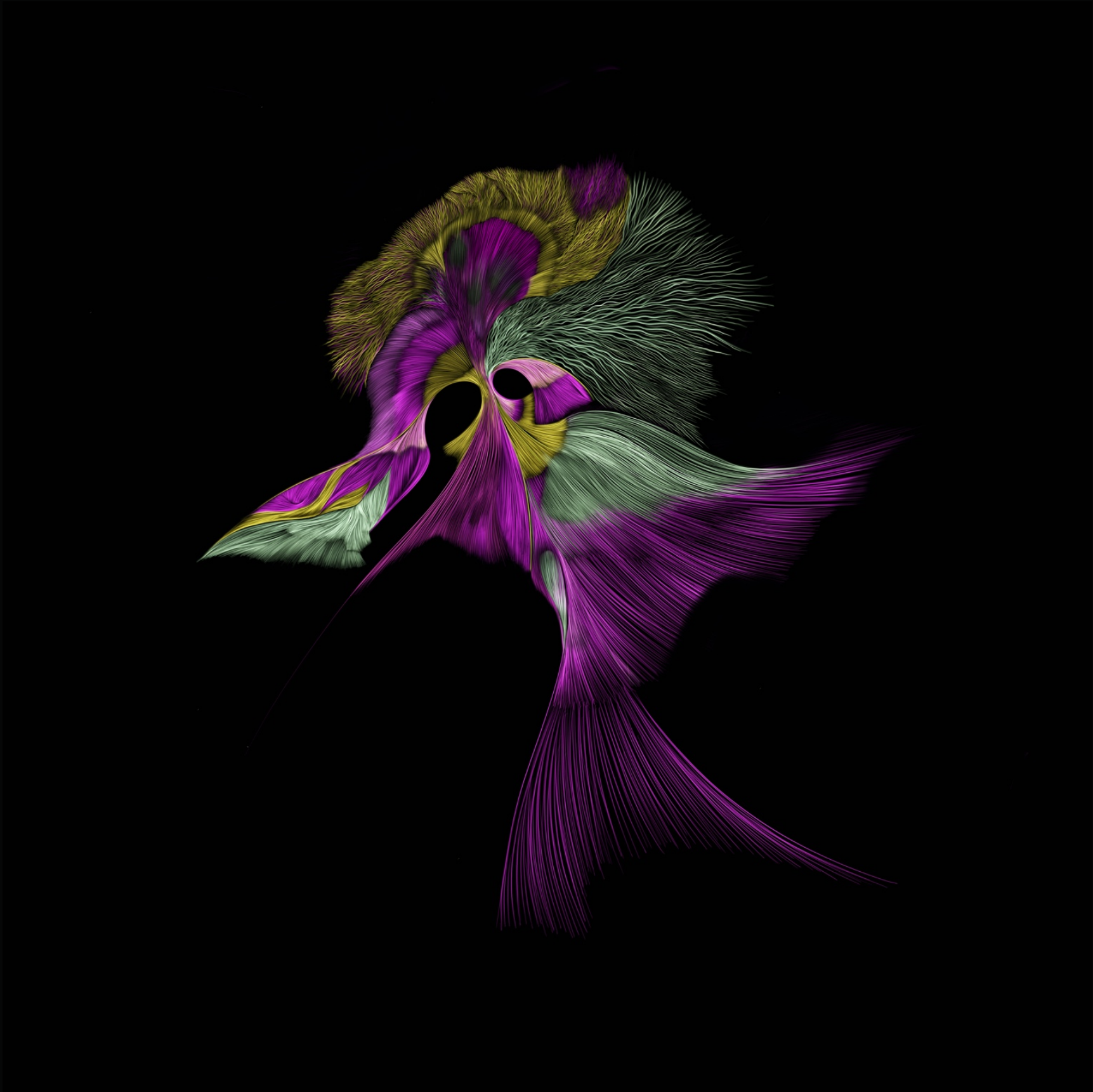
SELECTED WORK 02

线制 · 接纳



SELECTED WORK 03

线制 · 接纳



SELECTED WORK 04

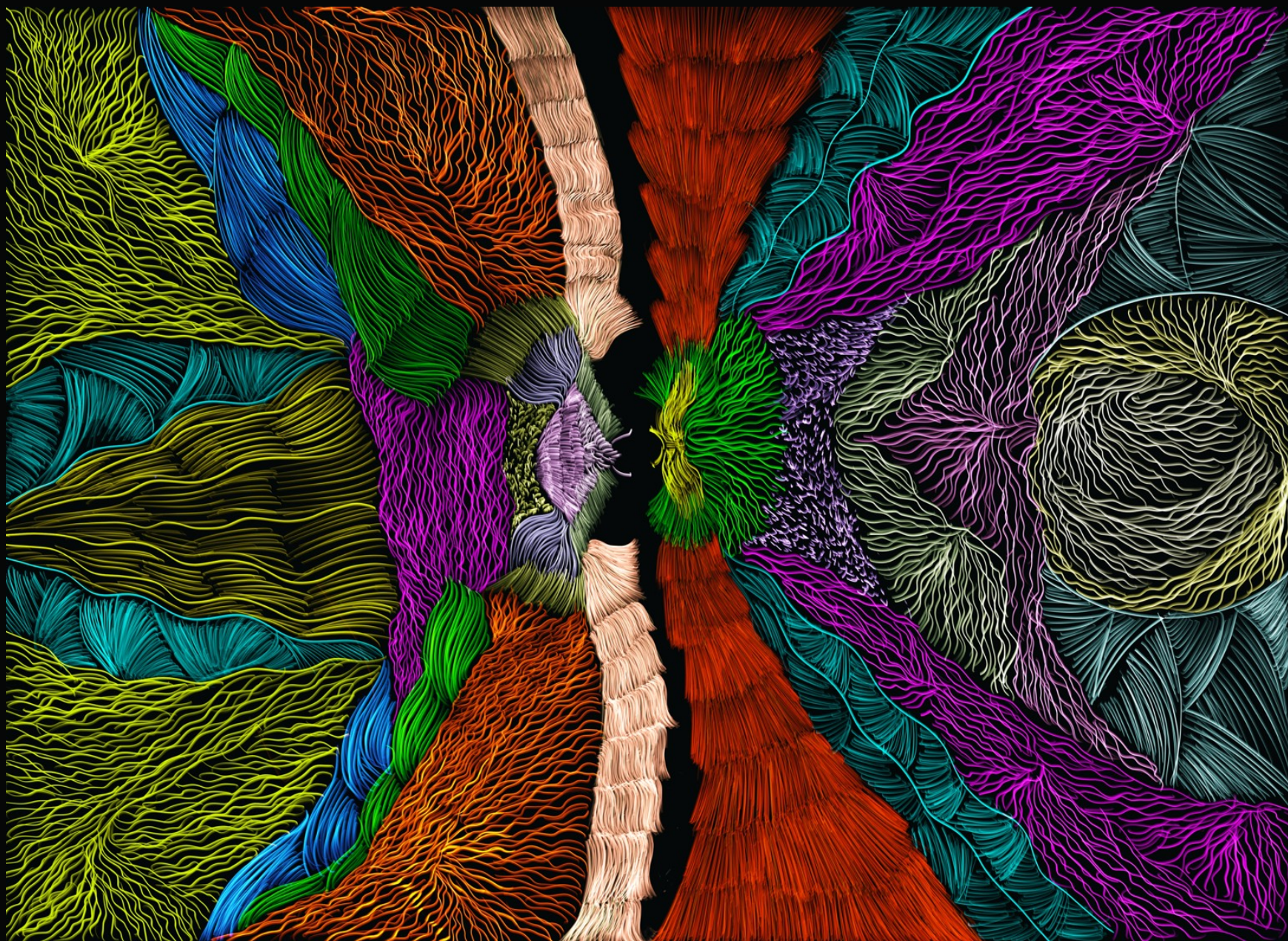
线制 · 接纳

## TWIN SELF | LETTING GO

### 重叠 · 放下

Within us live many selves: the one we show the world, the one we protect, and the one we rarely allow ourselves to meet. Their lines overlap with other people's expectations, past attachments and unspoken emotions. Letting go does not erase what mattered. It creates room to breathe, to restore balance, and to return gently to ourselves.

我们的内心住着不同的自己：展现给世界的自己、努力保护的自己，还有那个很少被真正看见的自己。它们与他人的期待、过去的牵挂、未曾说出口的情绪层层重叠。放下，并不是否定曾经的珍贵，而是为心留出呼吸的空间，重新找到平衡，温柔地回到自己。



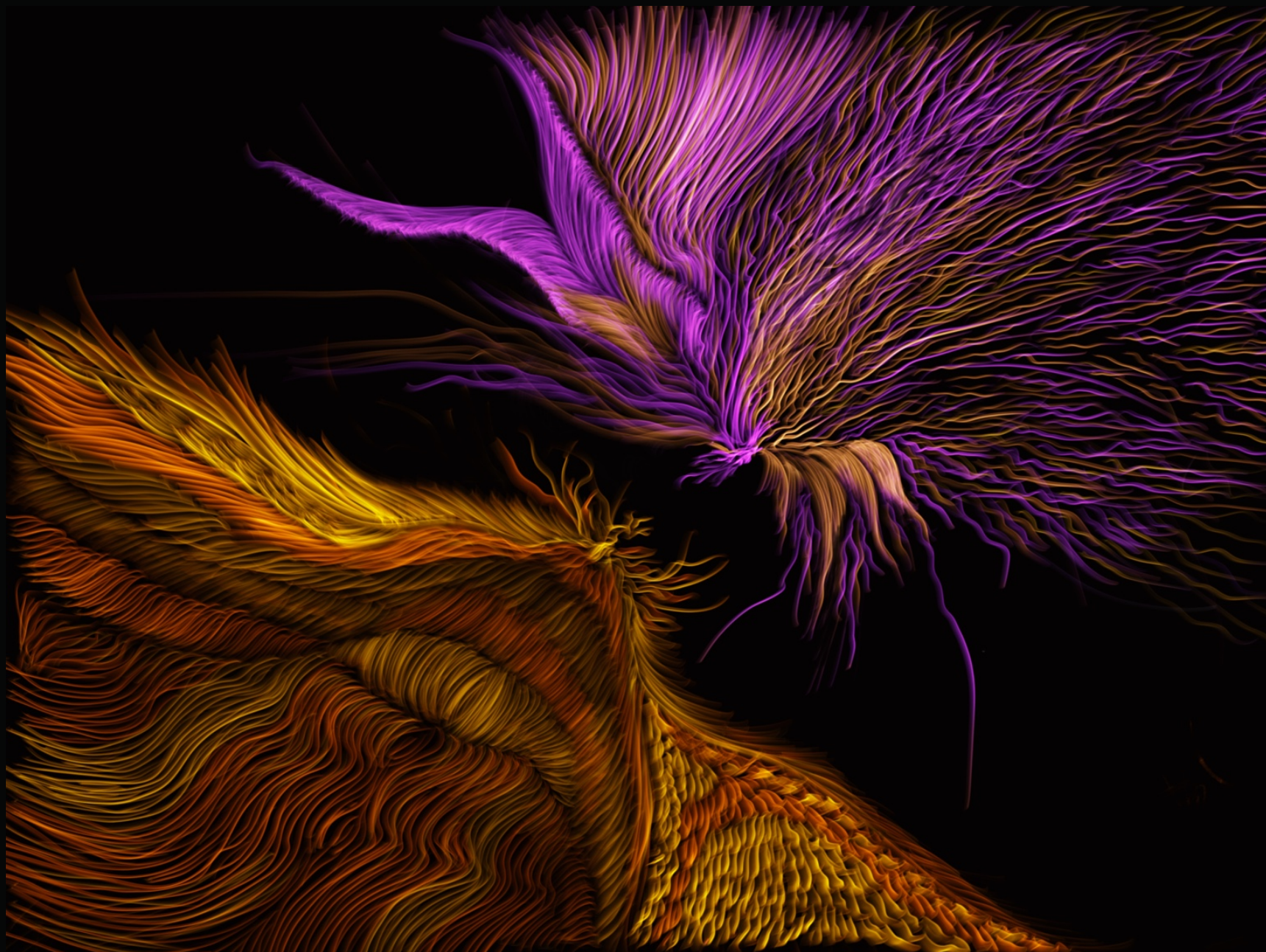
MASTER ARTWORK

重叠 · 放下



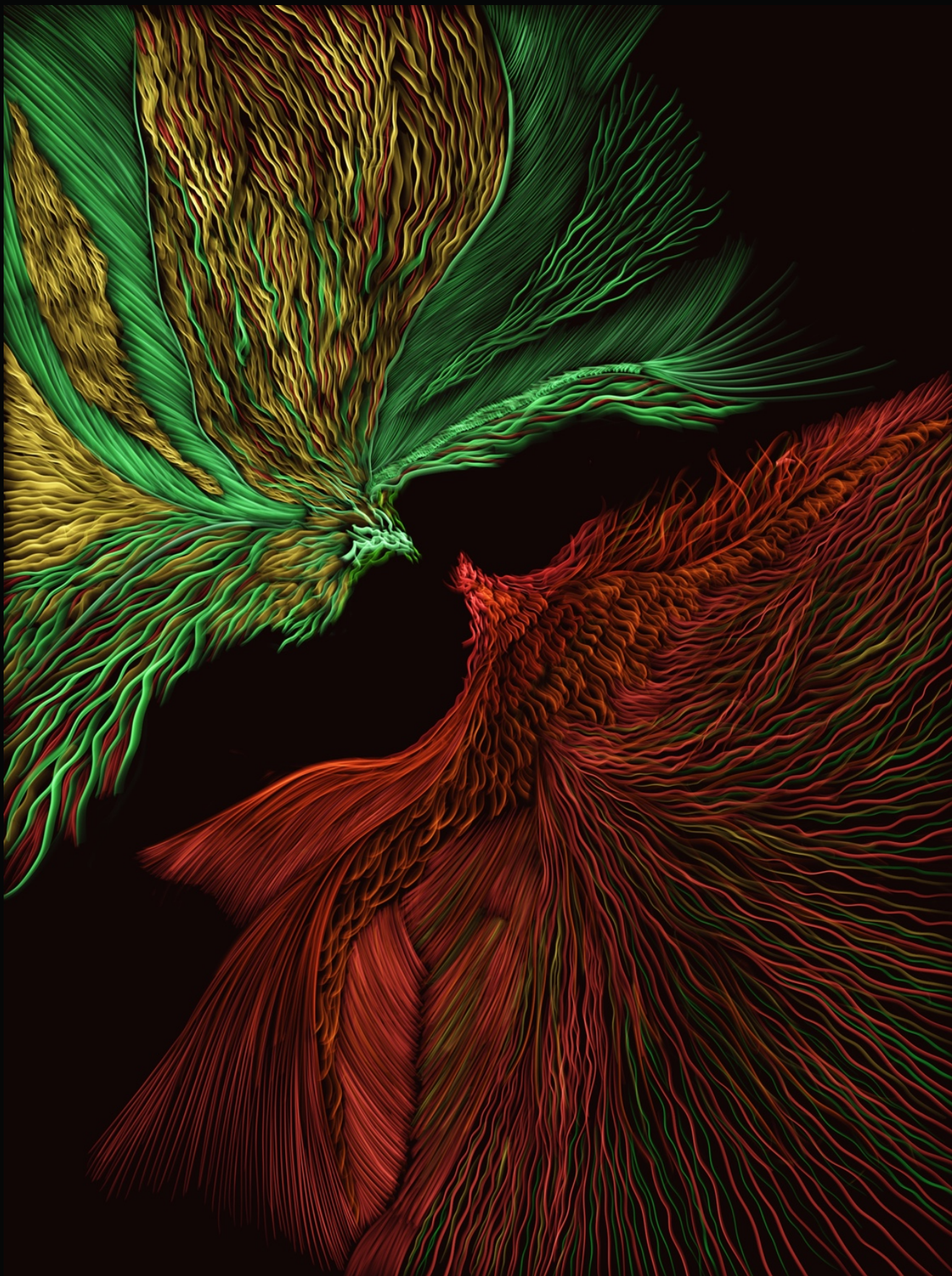
SELECTED WORK 01

重叠 · 放下



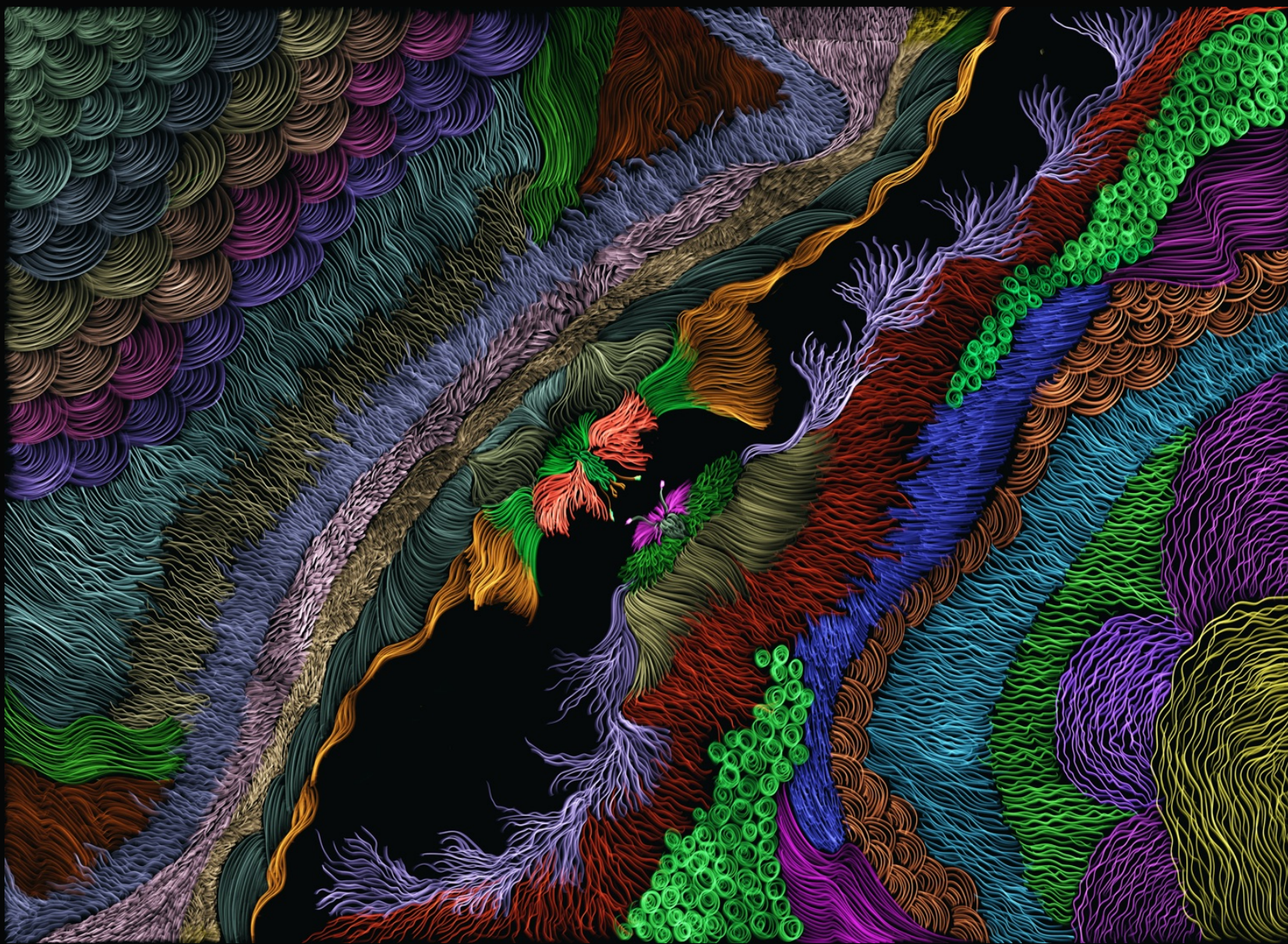
SELECTED WORK 02

重叠 · 放下



SELECTED WORK 03

重叠 · 放下



SELECTED WORK 04

重叠 · 放下

## SPARKS | FORGIVENESS

### 光点 · 宽恕

Not every light arrives as a great breakthrough. Sometimes hope begins with the smallest blessing: a moment of warmth, a quiet breath, a new day. Forgiveness asks us to face our mistakes and regrets with honesty, without allowing them to define us forever. As we accept imperfection in ourselves and others, tiny sparks gather into a freer, gentler light.

光，不一定来自轰轰烈烈的突破。有时，希望只是生活里微小的幸福：一份温暖、一次平静的呼吸、一个崭新的早晨。

宽恕，是诚实面对自己的过错与遗憾，却不让它们定义一生。

当我们学会接纳自己与他人的不完美，

那些细小的光点，也能汇聚成温柔而自由的力量。



MASTER ARTWORK

光点 · 宽恕



SELECTED WORK 01

光点 · 宽恕



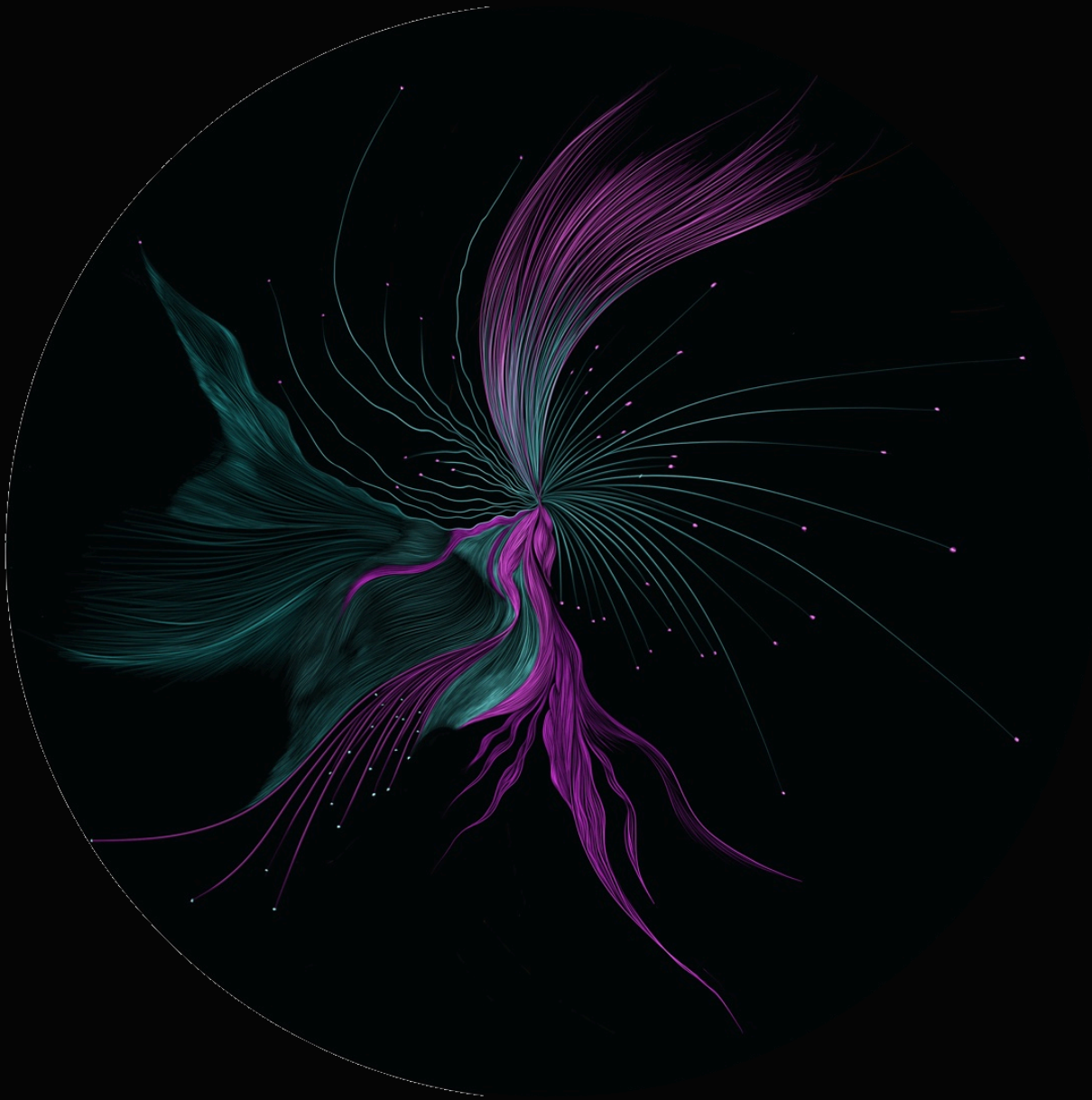
SELECTED WORK 02

光点 · 宽恕



SELECTED WORK 03

光点 · 宽恕



SELECTED WORK 04

光点 · 宽恕

## YOUR STORY, NOT MINE

不是我的故事，而是你的故事

Take with you whatever these lines and colours have awakened.

May you leave not with answers to my life, but with the courage

to face your own emotions, accept what is, release what no longer serves,

and forgive the imperfect person you are still becoming.

Your story continues beyond this space.

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愿你带走的，不只是眼前的线条与色彩，

而是它们唤醒的、属于你自己的感受。

愿你诚实面对情绪，接纳无法改变的现实，放下不再需要的负担，

宽恕那个仍在成长、并不完美的自己。

走出展厅，你的故事仍将继续。